

Walk and Talk

The 'Wednesday' Walk on Thursdays



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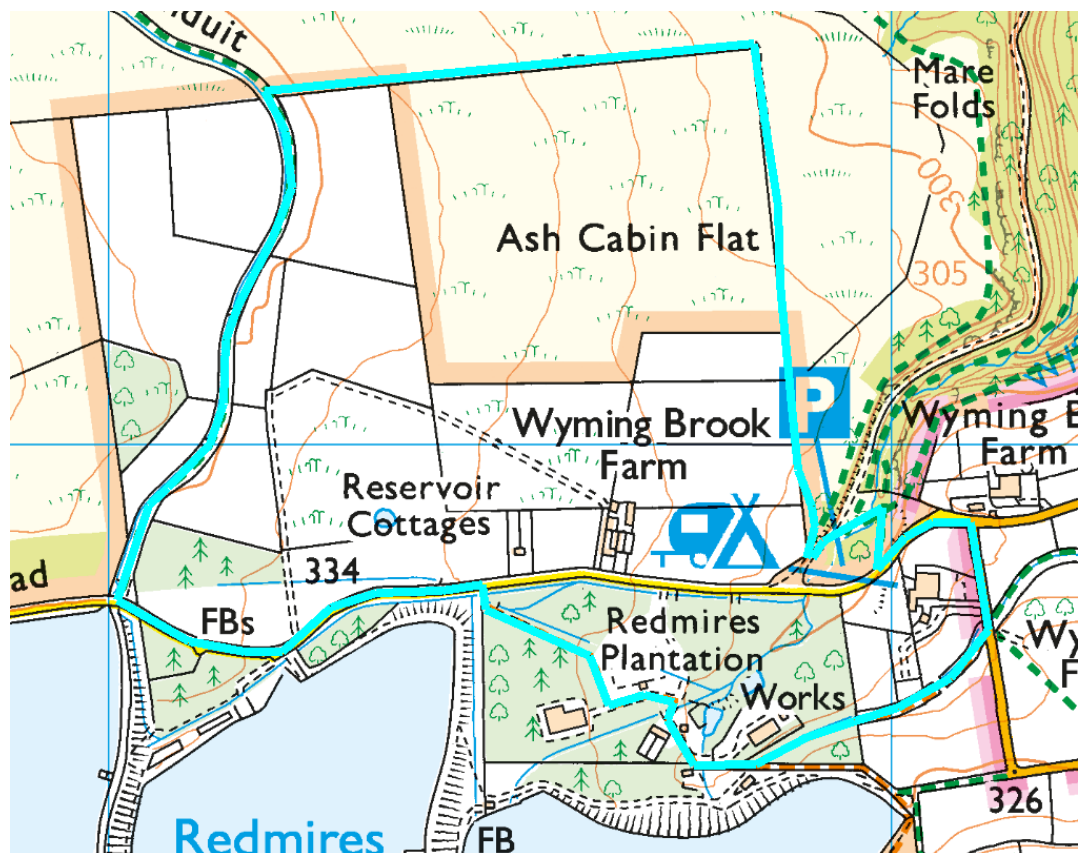
191 – Ash Cabin Flat– 2.4 miles

Ash Cabin Flat is an area of heath near Redmire reservoirs, mainly famous for its stone circle (the smallest in the Peak District). It is so small that it is usually overgrown and difficult to find, but we'll have a look for it. This walk starts at Wyming Brook car park, heads round the Flat on a footpath through the heather then meets up with the much wider path beside the Conduit before returning along the road and through the water treatment plant. It's not that long a walk and quite level, so rated at 2 – not much mud but some (possibly wet) heather, so bring your sticks.

Start in the car park at Wyming Brook (out on Redmire Road, past Soughley Lane, down the hill and turn right into the car park.)

Counterclockwise

From the car park take the first signposted path on the left, climb the rocky steps and follow the line of the dry stone wall to your left. After around 50 metres go through the wooden gate then continue following the wall as it heads downhill and the wall becomes broken. Here you may notice a path that goes through the broken wall off to your left: don't take it but continue another 50 metres or so, then turn 90° to your right facing the moorland. The circle is around 50 metres into the heather, if you want to search for it, otherwise continue along the path as it roughly follows the wall.



At the corner of the field, follow the wall as it turns left and continue through the heather till you reach the gate onto the path beside the conduit, turn left and head out to the road. On the road, turn left and follow round to the bottom of the middle dam there there is a stile on the right. Follow the permissive footpath through the plantation, past the water works and out beside the conduit to Soughley Lane. Turn left and at Redmire Road turn left again.

Either follow the road back to the car park or take the footpath on the right which drops down (steeply) to ford the beck and climb back up to the car park (good for washing your feet!)

Risks

- A bit of road walking on narrow roads so watch (and listen) for cars, bikes, etc.
- A few stiles (with steps)



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Footpaths (mud, slipping, tree roots, steps, etc).

Some walking through heather and bracken, so stout footwear recommended