## **Step Out at SWFC**

## The Wednesday Walk on Thursdays





190 - Glen Howe and Onesacre - 2.3 miles

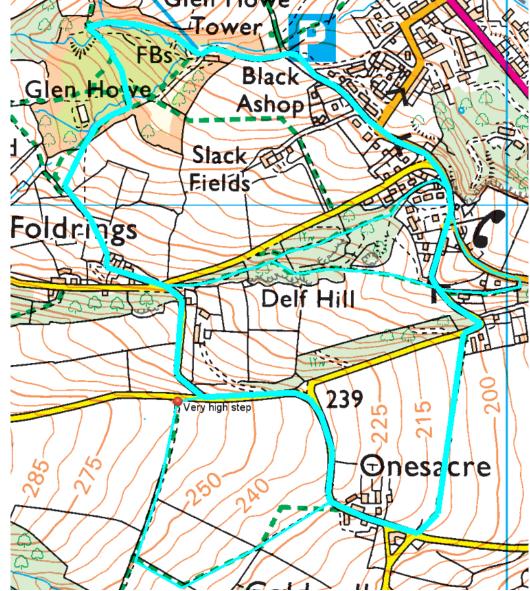
This walk starts at Glen Howe, heads uphill to Foldrings then further uphill to Lumb Lane before dropping down to Onesacre and back to Glen Howe. There are several shortcuts that avoid some of the climb or drop down on the road instead of visiting Onesacre, but it's not that long a walk to start with, and rated at 2 – not much mud but some probably wet grass, so bring your sticks. Following a recce, the original route has been upgraded to 3, because there is a 2 foot high step, so the normal route now goes round the road instead.

Start in the car park at Glen Howe (on the way out of Oughtibridge, turn left up Cockshutts Lane and follow it all the way to the end, the car park is on the right)

## Counterclockwise

From the car park, cross the road and head up the track into Glen Howe Park. There are several possible routes through the park, but today we are keeping to the riverside and crossing the second bridge then following the right bank till we reach the old packhorse bridge, rescued from Ewden before it was flooded. Turn left, cross the bridge then straight on till you can't go any further. Turn right, following the edge of the trees, then over the stile and out into the field. Bear right to the top right corner of the field and on across the top of the next field till you reach Foldrings. Go through the garden, round the corner of the house and out up the cobbled drive to Owler Gate.

Opposite you can see Acre Lane and a footpath sign



pointing into the trees; this is the start of a gently sloping downhill shortcut, but we are going uphill, up the steep, narrow Acre Lane to Lumb Lane. Stop here, admire the views and wait for the slow-coaches, the decide how long your legs are!





Head uphill and look at the bank on the left. The original route goes up that step, over the stile and across the fields – full details below. The revised route (for people with short legs or wonky knees) follows the road down the hill as it bears right, changes its name to Green Lane and bears left again through Onesacre.

The original route joins a footpath across the fields (with an excellent view across the valley) as it crosses 2 stiles before turning left and going through a gap in the wall, over another stile – and ending up in the corner of the field we started in... As all our walks follow official footpaths, I cannot advocate just going down the edge of the first field, unless we just happen to get lost... From here, cross the field to emerge on Green Lane (over a stile) and turn right through Onesacre.

Both routes follow the road before taking the path through the dilapidated stile on the left (opposite the end of Jackey Lane). This takes you gently downhill to Horse Croft Lane where we turn right and then bend sharply left (watch out for traffic) and drop down to Wayside. There is a footpath here which drops steeply down to Cockshuts Lane (overgrown with bramble and nettles), or you can just carry on down the road before turning left and heading back to the cars.

## Risks

A bit of road walking on narrow twisty roads so watch (and listen) for cars, bikes, etc. A few stiles (with steps)
Footpaths (mud, slipping, tree roots, steps, etc).
Some walking across grass (which may be slippery if wet)
Possibly cows with young calves, so no dogs please.
Original route has one very high step, but this can be avoided.