

# Step Out at SWFC

## The Wednesday Walk on Thursdays



### 125 - The Rocking Rock - 2.3 miles

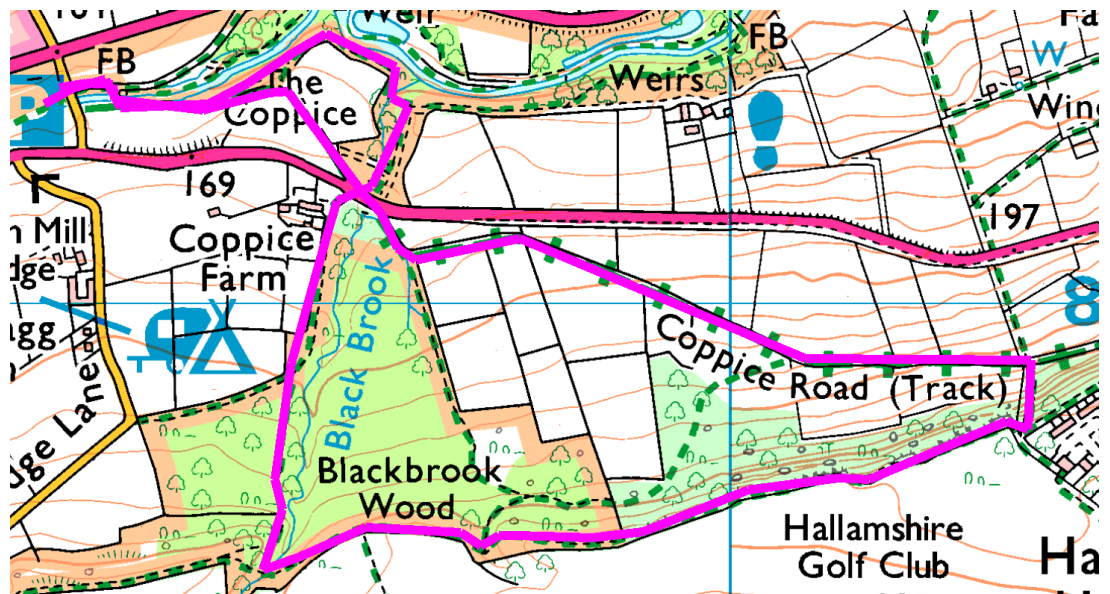
I was looking at walks we haven't done for along time, and found walk 18, '[Rivelin West End](#)'. Looking around on Google, I noticed something called '[The Rocking Rock](#)' which (apparently) 'has a long history of being a rock, and in heavy wind has also been known to Rock. I also heard the Queen visits from time to time and that she named it, but I might be mistaken. Highly recommended for the beautiful views and local wildlife (golfers)'. I just had to visit it...

Update... Having completed this walk, I must warn you it is very rough from where you leave Coppice Road to where you get nearly back to Coppice Farm. Less capable walkers will need assistance round most of this section of the walk, so make sure you have enough younger people to do the pushing and pulling!

Park in the Rivelin West end car park (off Rails Road)

Clockwise

From the car park, cross the road and follow down the stream before crossing the bridge. Head up the path to Manchester Road, cross with care and head up the Public Byway (Coppice Road) for about half a mile.



Just after you reach the trees on the right, take the path up, through the trees which climbs sharply to the hill top. Once through the trees, turn right to follow the wall round the golf course as it bends left to find the Rocking Rock and admire the views.

Follow the path, keeping the wall on your left for half a mile till you get to Black Brook. Do not try to scramble up the other side of the stream, turn right and follow the path on the left of the stream as it drops down through the trees and out to Manchester Road

You now have a choice, you can go back via the road (fastest route), go back down the bridleway or go a few yards to the right and take the footpath. This is steep and has stones to cross the stream and big stepping stones to cross the river, so it is best kept for the faster walkers. Where the footpath splits, turn left down the steep hill, cross the stream and follow above the river and back to the bridge, or after the stream, take the path on the right which drops down, crosses the river on stepping stones and returns up the other side.

Risks



No road walking, but 2 crossings of Manchester Road which has fast traffic, so take care.  
One or two stiles (can be avoided), paths are very rough underfoot.  
Some parts may be a bit muddy (after today's rain), and there are a couple of 'fords' so boots recommended.

