## **Step Out at SWFC**

## The Wednesday Walk on Thursdays





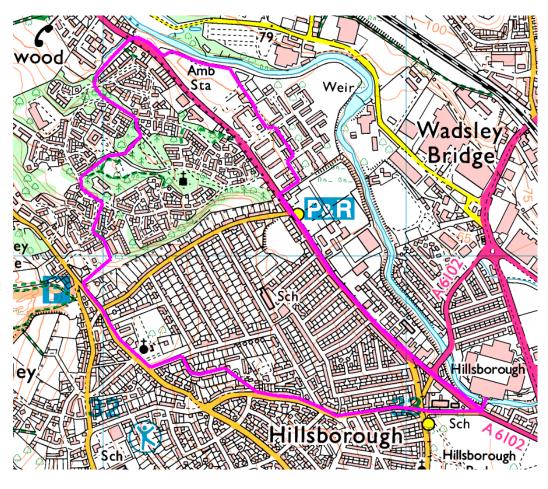
79 - Middlewood (both sides) - 2.9 miles

No bus this week so another 'stadium' walk. Jeff suggested we walk along Clay Wheels Lane and over the footbridge to return through Middlewood. But that is rather too long for our less powerful walkers being 3.7 miles and quite a bit of climbing, so here is the slightly shorter version.

## Anticlockwise

Starting at the Stadium, follow Middlewood Road past the training ground and as far as the Winn Gardens estate. Take the footpath at the edge of the houses then follow Winn Drive and straight across to Winn Grove (no need to follow the roads, there are paths between the flats). At the end of the Grove, go straight ahead past the bowling club and follow the edge of the trees round to the main road.

Turn right and follow the pavement to the traffic island, cross with care and continue before turning left up the footpath.



From here, either go through the park or round the road to the fossilised tree, then cross the upper part of the park and come out on Queenswood Gate. Turn left then right on Queenswood Drive and left onto the footpath that crosses to Dykeswood Drive. If it is not wet, follow the footpath up to Worrall Road, or avoid the big step by following the Drive out. Follow Worral Road back to the stadium (or use the shortcut shown on the map).

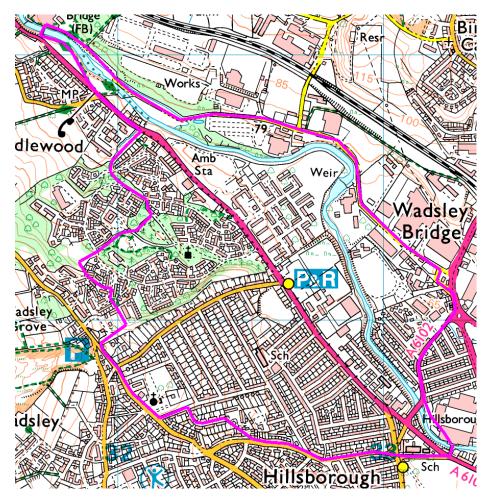
## Risks

- Walking beside and crossing Middlewood Road and tram lines.
- Paths may be slippery with wet leaves.

For a flatter version, please see walk 11 ( http://twwot.uk/walks/11-ThetwosidesofMiddlewood-2.8miles.pdf ).



If anybody wants to do the full 3.7 miles, here's the map. From the stadium, head out to Sainsbury's and along the full length of Claywheels Lane. At the gates of Abbey Forge, follow between the factory and the river, over the footbridge and back out onto Middlewood Road – then rejoin the main walk where we head into the Middlewood Lodge Estate.



Here is a map of the estate, showing the roads and footpaths.

