

# Step Out at SWFC

## The Wednesday Walk on Thursdays

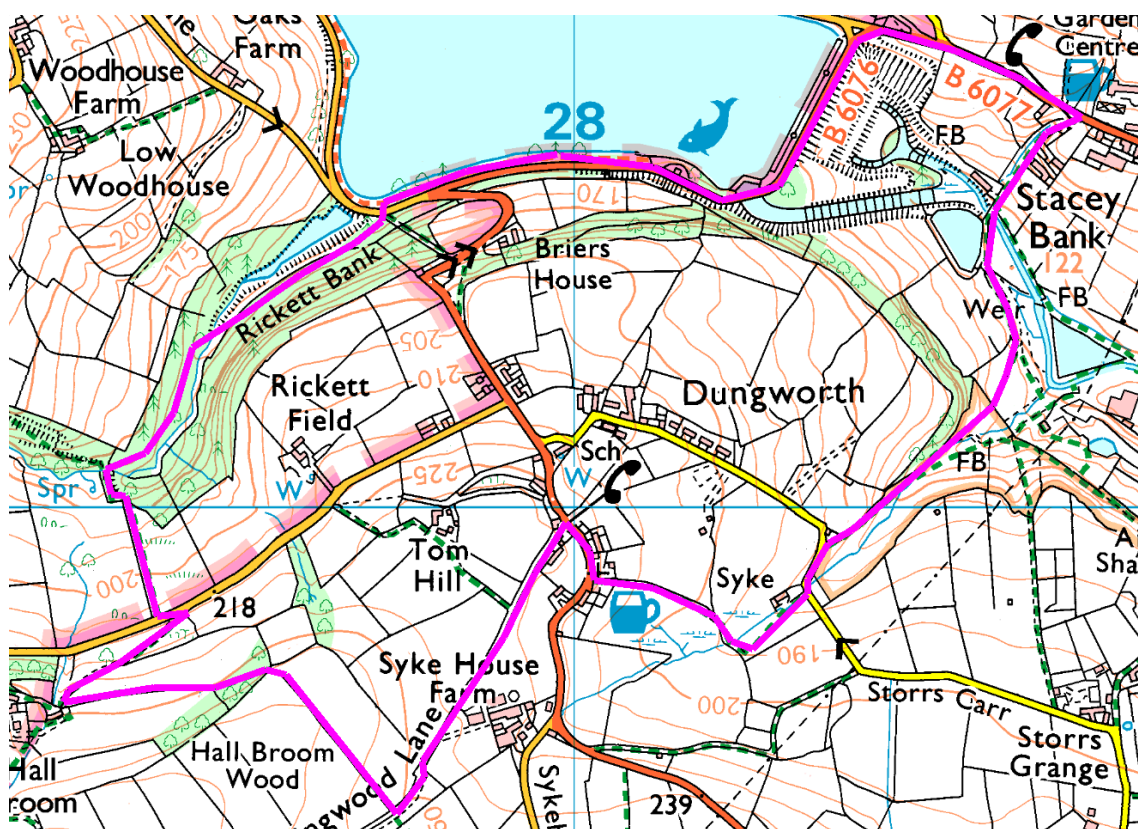


### 54 – Dungworth – 3.4 miles

Another hilly walk this week. Starting at Dam Flask, we walk round Dungworth and back through Rickett Bank. Park either on the dam or over the dam in the next hundred metres (depending on how far you want to walk at the end, when you're tired!) We have a long climb and a short, steep descent (with steps in places).

Clockwise

From the car, head back to the main road and turn right. Just before the pub, turn right onto Stacey Lane and drop down, over the bridge and on through the stile beside the gate. Follow the path up the hill and bear right to the stile at the top, then straight on up to the road. You may recognise this path as the one we came down two weeks ago.



At the road (Dungworth Green), turn left then at the next bend, take the footpath on the right, past Syke Cottage (the footpath goes up the drive then left, as the drive bends right). Follow the path across a number of fields to come out beside the Royal Hotel, turn right then left up Ringwood Lane and follow it past Syke House Farm and on to the cross-path just beyond. Turn right and head up to the highest point of the walk where the path bends left and drops fairly steeply through the wood to Hall Broom. As you cross the last stile turn right and immediately right again to follow the track down to the road (Sidling Hollow). Turn left then almost immediately right over the stile (and into the Peak District) to head steeply downhill.

As you cross Ughill Brook, look out for the gap on the right where the path will lead you back down to the reservoir, and head back to the cars.

Risks



A bit of road walking on minor roads, so watch out for traffic and keep to the pavements.

A few stiles (with steps)

Footpaths (mud, slipping, tree roots, steps, etc).

Some walking across grass (which may be slippery if wet)

