

The 'Wednesday' Walk on Thursdays

Free weekly health walks around North Sheffield

Short walks (2 to 3 miles) for the more able walker.

Explore the countryside with trained, experienced leaders.

Meet in SWFC Reception, over the footbridge off Parkside Road every Thursday afternoon at 12:15 for a 12:30 start.

Sheffield Wednesday Community Programme are running free Health Walks of up to 3 miles, especially aimed at those who want to improve their health and wellbeing. Expect footpaths, stiles and mud, and being Sheffield, hills and great views!

After the walk, there will be light refreshments and a chance to chat with the other walkers.

For more information about this walk please email John@twwot.uk , health@swfc.co.uk or just turn up and enjoy it!



The 'Wednesday' Walk on Thursdays

Free weekly health walks around North Sheffield

Short walks (2 to 3 miles) for the more able walker.

Explore the countryside with trained, experienced leaders.

Meet in SWFC Reception, over the footbridge off Parkside Road every Thursday afternoon at 12:15 for a 12:30 start.

Sheffield Wednesday Community Programme are running free Health Walks of up to 3 miles, especially aimed at those who want to improve their health and wellbeing. Expect footpaths, stiles and mud, and being Sheffield, hills and great views!

After the walk, there will be light refreshments and a chance to chat with the other walkers.

For more information about this walk please email John@twwot.uk , health@swfc.co.uk or just turn up and enjoy it!

